

Bankfields Primary
School
PE Policy



2025-2026

Vision

At Bankfields, we believe that all children should have the opportunity to live healthy and active lives. We aim to inspire, challenge and motivate children so they can thrive and express themselves confidently in a wide range of sports. It is important we allow the children to thrive in sport through exploring, dreaming and discovering their full potential. We aim to make meaningful links to other areas of the curriculum.

In PE, it is important that our children 'learn to lead'. Therefore, we offer the opportunity for children to lead activities during their school life. Leadership gives children the understanding of what it is like to have responsibility, to show respect for rules and brings the added challenge of organisation, communication and teamwork. Throughout school, we strive to give as many children as possible the opportunity to participate in a variety of competitive sports during their school life, giving them the understanding of what competition feels like, what it is like to be part of a team and to be able to both win and lose with equal grace.

Our vision for Physical Education is that every child should have the opportunity to develop the physical confidence and competence to enjoy being active through a wide range of activities. We hope this will lead to a life-long passion of being physically active and healthy. Teachers will cater every lesson to children's individual needs. This develops the pupils' physical competence and confidence and their ability to use these to perform in a range of activities. We aim to improve their skills, physical development and knowledge. We understand how important it is for children to be resilient when facing difficult challenges, and we believe PE is vital for developing this.

Teachers will promote positive attitudes towards healthy and active lifestyles. This will help pupils to plan, perform and evaluate actions, ideas and performance to improve their aptitudes, abilities and preferences. This will allow children to make choices about how to get involved in lifelong physical activity.

Bankfields Primary School seeks to provide a full, varied and interesting Physical Education curriculum, which is challenges, engages and excites staff and pupils. We believe Physical Education is a vital part of the education experience, and we want to install positive views around PE. The health and fitness of all of our children is paramount.

PE Concepts

- Competence
- Creativity
- Healthy Active Lifestyles
- Knowledge and Understanding
- Physical and Motor Development

Intent

At Bankfields Primary School, Physical Education is a vital part of our curriculum, delivered within a supportive and challenging environment. We aim to inspire and nurture pupils' passion for maintaining a healthy and active lifestyle throughout their lives. Physical Education is essential for deepening pupils' knowledge and understanding of key concepts and principles, which in turn

develops their overall competence and confidence to enjoy and excel in a broad range of sports and physical activities. We strive to provide opportunities for pupils to compete in sports and activities that build character and embed core values such as fairness and respect. Our goal is to introduce children to a wide variety of sports, helping them discover activities they enjoy and may become passionate about, enabling them to excel.

Swimming is recognised as a crucial life skill, and we aspire for all children to leave primary school able to swim at least 25 metres.

Bankfields Primary School fully embraces the aims of the national curriculum for physical education, ensuring that all pupils:

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives

Implementation

Our PE curriculum is broad and varied, supported by detailed long-term plans to ensure all National Curriculum objectives are fully covered. Every pupil receives at least one hour of high-quality PE each week. PE lessons in each year group are carefully sequenced to ensure clear progression of knowledge and skills. This structure enables children to build on prior learning and prepares them for future development throughout their primary education. Additionally, pupils have opportunities to further refine their skills through after-school clubs that focus on specific sports. The varied curriculum is designed to ensure all children enjoy physical activity and experience success in sport. We are passionate about promoting healthy lifestyles and provide numerous opportunities to support this goal. Recognising the importance of being active throughout the day to reduce sedentary time, we promote the active initiatives, encouraging children to be active for 60 minutes each day. This is supported through active breaks and lunch times, with well-equipped and well-staffed playgrounds that are in line with OPAL. This enables children to be healthy, happy and ready to learn when they return to lessons. We are committed to ensuring our PE curriculum is inclusive, providing adaptations and support to enable all pupils, including those with special educational needs and disabilities, to fully participate and make progress. Pupils' skills and knowledge are regularly assessed and monitored, allowing teachers to tailor support and plan effectively for individual needs. PE also plays a crucial role in supporting pupils' physical and mental wellbeing, fostering confidence, resilience and teamwork. To maintain a high standard of teaching, our staff engage in ongoing professional development and training opportunities. Furthermore, we actively collaborate with local sports clubs and organisations to provide pupils with access to competitive events and additional sporting experiences, enriching their physical education and broadening their horizons. The value of sport and physical activity is further reinforced by our annual appointment of Sport Leaders. These pupils take responsibility for developing new games and activities, acting as positive role models, maintaining equipment and encouraging all pupils to participate. This leadership opportunity helps pupils develop vital communication and leadership skills.

Objectives

We understand it is important to link our aims with our objectives in PE. As a school, we will provide a variety of experiences and activities during a PE lesson if possible and appropriate, for example:

- Invasion Games
- Dance
- Gymnastics
- Swimming
- Indoor and Outdoor activities
- Individual and group activities
- Problem Solving
- Communicating PE ideas to others
- Listening and reflecting to improve
- Refining skills
- Healthy lifestyle, healthy mind and nutritional information

The National Curriculum for Key Stages 1 and 2 states basic core skills for the Schemes of Work should be taught. Rules, vocabulary and invasion games skills such as throwing and catching will be taught. Staff will encourage pupils to recall and apply their knowledge and skills in familiar and unfamiliar situations.

Lessons should be conducted in a secure, supportive and disciplined manner that demonstrates mutual respect. Pupils should learn rules for various activities. Whilst planning, our staff will plan opportunities for pupils to develop a range of desirable personal qualities. In lessons, there will be opportunities for pupils to express their feelings verbally and learn how to work cooperatively as well as on their own.

Training

The PE coordinator regularly attends training sessions to stay updated on the latest initiatives, best practices and developments in physical education. Staff members who require additional training or support are encouraged to discuss their specific needs with the PE coordinator. Through our participation with the Redcar and Eston School Sports Partnership (RESSP), a wide range of training opportunities is available to all staff members to enhance their confidence and skills in delivering high quality PE. Additionally, the PE subject leader holds annual staff meetings to share new research, updates and resources, ensuring all teachers are well-informed and equipped to deliver an effective PE curriculum.

The Foundation Stage

At Bankfields Primary School, we recognise physical development as a vital part of learning in the Foundation Stage. Our curriculum planning aligns closely with the Early Years Outcomes and Early Learning Goals, which guide the development of children aged three to five. We focus on helping children develop confidence and control in their movements as well as their ability to handle tools and equipment effectively. Children are provided with a variety of activities that offer appropriate physical challenges both indoors and outdoors, supported by a wide range of resources designed to develop specific skills. Understanding the importance of early movement development, our

Foundation Stage staff utilise the Early Years Motor Competence Screening from the Redcar and Eston School Sports Partnership. This screening helps to identify each child's needs, allowing staff to implement targeted activities to support their physical progress.

Personal, Social and Health Education (PSHE)

PE contributes to the teaching of personal, social and health education. Children learn about the benefits of exercise and healthy eating, and how to make informed choices about these things. They also learn about why we change our clothes for exercise and the health and hygiene reasons behind this.

Spiritual, moral, social and cultural development

The teaching of PE offers opportunities to support the social development of our children through the way we expect them to work with each other in lessons. Groupings allow children to work together and give them the chance to discuss their ideas and performance. Their work in general enables them to develop a respect for other children's levels of ability and encourages them to co-operate across a range of activities and experiences. Children learn to respect and work with each other and develop a better understanding of themselves and of each other.

Teaching PE to children with special needs

We teach PE to all children, whatever their ability, as PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Teachers provide learning opportunities that are matched to the needs of children with learning difficulties. At Bankfields, we want all the children to be able to access the curriculum therefore all teachers ensure all pupils can access the learning.

All lessons throughout the school are taught as class group. Lessons are normally taught by the class teacher, but some year groups will arrange a sport specialist to teach a particular topic whilst the class teacher observes. Swimming lessons are taught by a specialist swimming teacher. However, depending on class numbers, staff may be asked to help with small groups.

Assessment

Teachers assess children's work in PE by making assessments as they observe them working during lessons. They record the progress made by children against the learning objectives for their lessons. This information is recorded in the assessment document and is used to inform future lessons. All teachers maintain a class assessment record sheet to track pupils' progress across the key knowledge and skills outlined in the PE curriculum. Judgments are made on whether pupils are working towards, meeting or exceeding expectations throughout each unit. To support assessment and engagement, teachers use photos and videos uploaded to Seesaw as evidence of pupils' performance and skill development. This digital evidence, combined with observational notes, informs the planning of subsequent units to better support all learners.

Resources

There is a wide range of resources, which are regularly upgraded and replaced to support the teaching of PE across the whole school. Schemes of work are kept centrally by the PE leaders and teachers have access to schemes of work online. We keep most of our small equipment in the PE store, and this is accessible to children only under adult supervision. The halls contain a range of large apparatus, and we expect the children to help set up and put away this equipment as part of their work. By doing so, the children learn to handle equipment safely. The children use the school field and MUGA for games and athletics activities and the local swimming pool for swimming lessons.

Timings

The time allocated for PE is one hour per week. Children are also encouraged to take part in physical activity with the Young Leaders at playtime, lunchtime and by attending after school sports clubs. Throughout the day, we provide many additional opportunities for the children to be active, including taking part in activities with our Sports Leaders at breaktimes, attending after-school clubs, attending Sports Partnership events and daily movement activities within the classroom. OPAL has been introduced to improve active minutes and Moki Bands are used throughout school to track active minutes.

Health and safety

All general health and safety requirements apply within PE lessons. We encourage children to take responsibility for their own safety and be mindful of the safety of others at all times. Pupils are expected to come to school in suitable PE kit on their designated PE days to ensure safe and active participation. The governing body expects teachers to model best practice by wearing appropriate clothing when delivering PE lessons. In line with school policy, no jewellery is to be worn, and long hair must be tied back during all physical activities to reduce the risk of injury. When PE lessons take place outdoors, particularly on the field, teachers carry walkie-talkies to ensure quick communication in case of emergency. For swimming sessions, first aid is provided by qualified staff on-site, and first aid kits are available at the swimming pool. Within school, trained first aid staff are always available if medical attention is required during PE lessons.

Monitoring and Review

The monitoring of the standards of children's work and of the quality of teaching in PE is the responsibility of the PE co-ordinators. The work of the co-ordinators also involves supporting colleagues in the teaching of PE, being informed about current developments in the subject, and providing a strategic lead and direction for the subject in the school.

Assessment will be undertaken using the following methods:

- Pupil Voice
- Observation of pupils
- Assessment documents
- Self-assessment

- Peer assessment
- Monitoring and tracking of end points
- The evaluation of discussion

Redcar and Eston School Sports Partnership (RESSP)

At Bankfields Primary School, we are proud to be part of the Redcar and Eston School Sports Partnership (RESSP). This partnership provides our pupils with the opportunity to take part in a wide range of sports events and competitions throughout the year. RESSP promotes values that align closely with our school ethos, including determination, self-belief, passion, honesty, teamwork and respect. Each of their events focuses on developing a specific skill or value, helping pupils grow both physically and personally. At the end of the academic year, one pupil from each year group is selected to receive a values-based award, which is presented during a celebration assembly led by the RESSP team. In addition to pupil opportunities, the partnership offers high-quality CPD for staff, including half-termly subject leader meetings to support leadership development and curriculum planning. RESSP also supports our whole staff team by attending school-based staff meetings and delivering ongoing CPD opportunities, helping to upskill and build confidence in delivering outstanding PE.

Extra-curricular activities

We offer a wide range of PE-related extra-curricular activities at the end of the school day. These clubs provide children with the opportunity to further develop their skills across various areas of physical activity in a fun, engaging environment. Club offerings vary throughout the year, and parents are informed of the current selection of after-school sports clubs as they are planned. These clubs are inclusive, encouraging participation from all pupils regardless of ability. The school also takes part in regular fixtures and competitions against other local schools, introducing a healthy, competitive element to team games. These experiences give children the chance to apply the skills learned in PE lessons in a real-game context. Participation in clubs and competitions helps foster a strong sense of teamwork, cooperation, and social discipline, while also promoting resilience, communication and sportsmanship.

Role of the Coordinator

- The role of the PE Coordinator involves:
- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Assisting with recording keeping and assessment of the subject.
- Give KS2 children the opportunity to train and be active Young Sports Leaders.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.

