

If you are bullied:-

DO:-

- Ask them to **STOP** if you can.
- Ignore them.
- Walk away.
- Use the worry box if in your classroom if you are too scared to speak openly about it.
- Talk to a school prefect or any member of staff who will help you.
- **TELL SOMEONE.**

DON'T:-

- Believe what they say.
- Retaliate.
- Think it's your fault.
- Hide it.

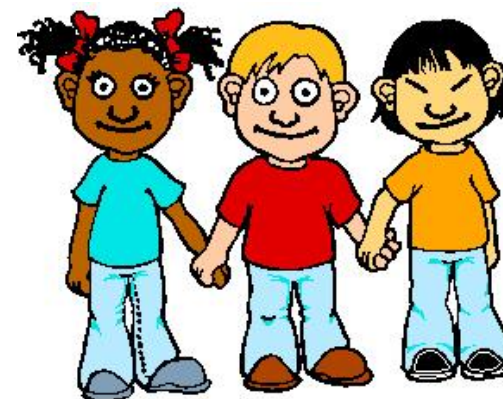
What should I do if I see someone else is being bullied?

- Don't just walk away and ignore the bullying, find an adult.
- Ask the child if they need help.
- Don't stay silent or the bullying will keep happening.

The Headteacher, the Governors and all the staff will work together to:-

- Make our school a place where everyone can feel safe and happy. That means no bullying allowed.
- We will help everyone to get on with each other and we believe that everyone has the right to be who they are.

Bankfields Primary School



Child Friendly Anti-Bullying Policy

What is Bullying?

At our school, we believe a bully is someone who hurts someone more than once, by using behaviour which is meant to hurt, frighten or threaten another person.

Bullying can be.....

Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting, hitting, pushing.

Verbal: Being teased, name calling, saying unkind things.

Racist: Calling you racist names.

Cyber: Saying unkind things by text, e-mail, social media or when online gaming.

When is it bullying?

Several

Times

On

Purpose

We promise to always treat bullying seriously.

Who can I tell?

- A Friend
- Mum/Dad/Family member
- Teachers
- A member of the School Council or a prefect
- Lunch time Staff
- Anyone you feel you can trust

MOST IMPORTANTLY:-

If you are being bullied,

Start Telling Other People!