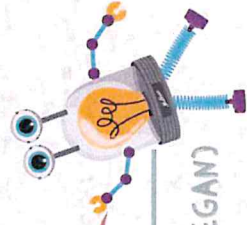


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	MEAT FREE Margherita pizza with baked potato wedges	Pork sausage with creamy mash potato & gravy	Roast beef with Yorkshire puddings, roast potatoes & gravy	Chicken Shawarma	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Veggie sausage hotdog with baked wedges	Vegetarian pasta bake	Vegetarian toad in the hole with roast potatoes & gravy	Quorn™ enchiladas	Quorn™ nuggets with chunky chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Peas & baked beans Salad bar
DESSERTS	Syrup Sponge	Apple crumble & custard	Flapjack	Chocolate Cake	Ice cream
FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT	FRESH FRUIT OR YOGHURT
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU

Fuel your afternoon with a healthy school lunch from Mellors



KEY 5
A DAY

- 1 OF YOUR 5 A DAY

MEAT FREE

- MEAT-FREE MONDAY



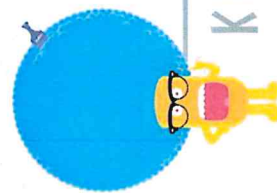
- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Pizza naan with baked potato wedges	Spaghetti Bolognese	Roast chicken with mash potato & gravy	Parmo served with chips	Fish cake served with chips
VEGETARIAN MAIN DISH	Quorn™ tikka masala with 50/50 rice	Vegetarian bolognese	Quorn™ fillet with roast potatoes & gravy	Tomato & basil pasta	Vegan sausage & chunky chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Peas & baked beans Salad bar
DESSERTS	Cornflake Tart	Chocolate brownie	Zesty lemon muffin	Ginger cake & custard	Fresh fruit & whip
FRESH FRUIT OR YOGHURT	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU

Try something NEW today...
Variety is key to a healthy diet.

KEY 5 - 1 OF YOUR 5 A DAY MEAT FREE - MEAT-FREE MONDAY - CHEF'S CHOICE - PLANT-BASED (VEGAN)

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Chicken korma with 50/50 rice	Roast turkey with mashed potato & gravy	Beef burger with baked potato wedges	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Vegetable chow mein	BBQ bean & cheese wrap with 50/50 rice	Vegetarian cottage pie	Vegetarian burger with chips	Crispy vegetable fingers with chunky chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Peas & sweetcorn Salad bar
DESSERTS	Cookie Selection	Jam Sponge	Chocolate crunch	Fruit in jelly	Oaty biscuit with fresh fruit
FRESH FRUIT OR YOGHURT	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit	Fresh or Yoghurt fruit
JACKET POTATO AND SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU

Eating all your fruit & veg will help you grow BIG and STRONG (like me!)



KEY 5 A DAY

- 1 OF YOUR 5 A DAY

MEAT FREE

- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

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