



PSHE Whole School Overview



Key of Resources KS1 and KS2

PSHE Association

Pol-Ed

Kapow

Oak National Academy

Twinkl

Other

Term	EYFS (PSED)	KS1		KS2				Whole School
	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Pol-Ed Assemblies
Autumn Term	Self-Regulation My Feelings What makes me unique Tooth brushing Why we have rules in Barkfields Primary School Building friendships Express likes and dislikes - give opinions Identify different emotions and expressions and explain how they make us feel in different situations. Children will know that the police are friendly, approachable and here to protect us if we need help. Children will be able to explain who a stranger is and how to keep ourselves safe.	General Wellbeing Noticing feelings Paying attention to pleasant feelings Helpful and unhelpful thoughts How can I speak up? Relationships What is bullying? How can I be an ally? How can I make friends? What if my friends make me feel sad? Personal Safety How can I keep myself safe in a new place? People who help keep us healthy British Values (Democracy) Democratic decisions British Value (Rule of Law) Rukes	General Wellbeing Noticing and naming feelings Changing thoughts and emotions Managing unhelpful thoughts Reactions and responses Relationships Why are relationships important? How can I work with different people? Other people's feelings Personal Safety What is fire safety? What are medicines? British Values (Democracy) School Council British Value (Rule of Law) Rules Beyond School	General Wellbeing Exploring emotions Managing thoughts and emotions Managing worries and responses When should I break a secret? Relationships What is bullying? Friendship conflict versus bullying Being a kind friend What can I do when friendships go wrong? Personal Safety What are emergency services? What do we mean by risk? British Values (Democracy) Local democracy British Value (Rule of Law) Rukes	General Wellbeing Exploring different thinking habits Different ways to manage worries How can I stay safe in my local area? How can we be role models? Relationships Respect and manners Healthy Friendships How my behaviour affects others Bullying Personal Safety How can we keep safe on the road? What are hazards in the home? British Values (Democracy) Local councillors British Value (Rule of Law) What are human rights?	General Wellbeing Noticing and naming emotions Changing thinking habits Rumination and worry How can my adult relationships affect my future? Relationships Including others Bullying and its impact How do my words have power? What is peer pressure? Personal Safety Rail Safety How can we keep our things safe? British Values (Democracy) Parliament British Value (Rule of Law) Breaking the Law	General Wellbeing Regulating emotions Managing distraction Money and emotional wellbeing Challenging stereotypes Relationships What is my relationship with authority? How can we challenge sexism? Respectful relationships Resolving conflict Personal Safety Water safety What is spiking? British Values (Democracy) National Democracy British Value (Rule of Law) Consequences of breaking the law	Whole School Assemblies Hate Crime Bonfire Safety and Firework Safety Anti-Bullying Human Rights Team Assemblies Year 3/4 How do we enforce the law? How can I be a responsible citizen? What is the law and why do we have it? What are children's rights? Year 5/6 How do rules help our community? What can and can't I do on the internet? What is gambling? What is shop theft?

